

# St. Regis Academy



# 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> Cereal w/ Cheese Stick Fruit Juice</p> <p>Teriyaki Chicken Bowl W/ Brown Rice &amp; Vegetables Mandarin Oranges</p>	<p><b>3</b> Granola Bar Cheese Cubes Fruit Juice</p> <p>Chicken Fajita Black Bean &amp; Corn Salsa w/ Chips Refried Bean Dip Diced Pears</p>	<p><b>4</b> Super Donut Fruit Juice</p> <p>Cheese Burger on WW Bun Garden Salad Pineapple Tidbits</p>	<p><b>5</b> Yogurt Granola Fruit Juice</p> <p>Oriental Salad Egg Roll Fruit Cup</p>	<p><b>6</b> Banana Bread Fruit Juice</p> <p>Sloppy Joe On WW Bun Potato Wedges Fruit Cup</p>
<p><b>9</b> Cereal w/ Cheese Stick Fruit Juice</p> <p>Tangerine Chicken Brown Rice Oriental Vegetables Mandarin Oranges</p>	<p><b>10</b> Egg Biscuit Rosy Applesauce Fruit Juice</p> <p>Nachos Perfect Pinto Beans Fruit Cup</p>	<p><b>11</b> Freshly Baked Whole Wheat Cranberry Muffin Fruit Cup</p> <p>Pasta Bake Luncheon Salad Fruit Cup Bread Stick</p>	<p><b>12</b> Yogurt Parfait Granola Fruit Juice</p> <p>Baked Potato with Broccoli &amp; Cheese Pinto Beans Fruit Cup Goldfish Crackers</p>	<p><b>13</b> Pop Tarts Fruit Cup Fruit Juice</p> <p>Chicken Parmesan Garden Salad Fruit Cup</p>
<p><b>16</b> Cereal w/ Cheese Stick Fruit Juice</p> <p>BBQ Diced Chicken on WW Bun Sweet Potato Wedges Cinnamon Apples</p>	<p><b>17</b> Nutri Grain Bar Cinnamon Applesauce Fruit Juice</p> <p>Pork Taco Chuck Wagon Corn Fruit Cup Tortilla Chips with Picante</p>	<p><b>18</b> Banana Bread Fruit Juice</p> <p>Oven Roasted Chicken Mashed Potatoes &amp; Gravy Orange Carrots Dinner Roll</p>	<p><b>19</b> Yogurt Graham Crackers Fruit Juice</p> <p>Chicken Breast Sandwich Goldfish Crackers Creamy Cole Slaw Fruit Cup</p>	<p><b>20</b> Super Donut Fruit Juice</p> <p>Ham &amp; Cheese Roll up Veggies Sticks with Ranch Fruit Cup Goldfish Crackers</p>
<p><b>23</b> Cereal w/ Cheese Stick Fruit Juice</p> <p>Chicken Tenders Potato Wedges Fruit Cup Cheeze It Crackers</p>	<p><b>24</b> Egg Biscuit Fruit Juice</p> <p>Nachos w/ Cheese Perfect Pinto Beans Fruit Cup</p>	<p><b>25</b> <b>No School</b></p> 	<p><b>26</b></p> <p><b>HAPPY</b></p>  <p><b>THANKSGIVING</b></p>	<p><b>27</b> <b>No School</b></p>
<p><b>30</b> Cereal w/ Cheese Stick Fruit Juice</p> <p>General Tao Bowl W/ Brown Rice &amp; Vegetables Mandarin Oranges</p>				<p><i>All Meals include 8oz. Milk Lunch choice is Chocolate Skim or 2% White</i></p> <p><i>Hand Fruit available for all meals</i></p>

Menu subject to change

“Ms. Sue” - Susan Young, Food Service Manager