

# St. Regis Academy



# 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Cereal w/ Cheese Stick Fruit Juice</p> <p>Chicken Tenders &amp; Waffle Mixed Vegetables Mandarin Oranges</p> <p><i>All Saints Day</i></p>	<p>2 Cinnamon Roll Fruit Juice</p> <p>Chicken Enchiladas Black Bean &amp; Corn Salsa w/ Chips Spanish Rice Mixed Fruit Cup</p>	<p>3 Super Donut Fruit Juice</p> <p>Chicken Parmesan Garden Salad Diced Peaches</p>	<p>4 Yogurt Cup Teddy Grahams Fruit Juice</p> <p>Oriental Salad w/ Sesame Dressing Egg Roll Diced Pears &amp; Strawberries</p>	<p>5 Banana Bread Fruit Juice</p> <p>Cheese Burger On WW Bun French Fries Fruit Cup</p>
<p>8 Cereal w/ Cheese Stick Fruit Juice</p> <p>Chicken Nuggets Potato Wedges Goldfish Crackers Mixed Fruit Cup</p>	<p>9 French Toast Sticks Fruit Juice</p> <p>Nachos w/ Cheese Perfect Pinto Beans Mexican Salad Diced Pears</p>	<p>10 Freshly Baked Whole Wheat Cranberry Muffin Fruit Cup</p> <p>Chicken Caesar Salad Bread Stick Lunch Bunch Grapes</p>	<p>11 Yogurt Parfait Granola Fruit Juice</p> <p>Breaded Chicken Breast Sandwich Goldfish Crackers Creamy Cole Slaw Mixed Fruit <i>Veteran's Day</i></p>	<p>12 Pop Tarts Fruit Juice</p> <p>Hot Dog on WW Bun Tater Tots Fruit Cup</p>
<p>15 Cereal w/ Cheese Stick Fruit Juice</p> <p>BBQ Diced Chicken on WW Bun Sweet Potato Fries Cinnamon Apples</p>	<p>16 Sausage Biscuit Fruit Juice</p> <p>Taco Salad w/ Tortilla Chips Chuck Wagon Corn Diced Pears</p>	<p>17 Banana Bread Fruit Juice</p> <p>Oven Roasted Turkey Mashed Potatoes &amp; Gravy Orange Marmalade Carrots Dinner Roll Applesauce</p>	<p>18 Yogurt Cup Graham Crackers Fruit Juice</p> <p>Baked Potato with Cheese/Broccoli Pinto Beans Goldfish Crackers Diced Peaches</p>	<p>19 Super Donut Fruit Juice</p> <p>Max Pizza Veggies Sticks with Ranch Goldfish Crackers Fruit Cup</p>
<p>22 Cereal w/ Cheese Stick Fruit Juice</p> <p>Ms. Sue's Choice</p>	<p>23 Pancake on a Stick Fruit Juice</p> <p>Nachos w/ Cheese Perfect Pinto Beans Mexican Salad Fruit Cup</p>	<p>24 <b>No School</b></p> 	<p>25 <b>HAPPY</b></p> 	<p>26 <b>No School</b></p>
<p>29 Cereal w/ Cheese Stick Fruit Juice</p> <p>Spicy Chicken Sandwich On WW Bun Green Beans Applesauce Cup</p>				<p><i>All Meals include 8oz. Milk Lunch choice is Chocolate Skim or 2% White</i></p> <p><i>Hand Fruit available for all meals</i></p>

**Due to delivery shortages - Menu subject to change**

"Ms. Sue" - Susan Young, Food Service Manager